



A Member of  
The National Brotherhood of Skiers  
and  
The New Jersey Ski and Snowboard Council

# NEWSLETTER

Summer / Fall 2024

PO Box 1004  
Newark, NJ 07101



**The President's Corner**  
By Deborah Evans

Is it me or has skiing gotten harder to do? I'm not talking about getting older or dealing with the physical aspect. I'm talking about being unable to just "show up" at a mountain resort, get in line at the lift ticket booth to pay; and then once inside walk over to the ski rental to get the equipment if I haven't brought my own, or even schedule a lesson if I need one.

Everything is computerized to the max; no personal interaction is needed. Even the simple process of walking through the cafeteria to get refreshments has been streamlined, there's no cash register. You're lucky if there's a person to tally up purchase(s) on an iPhone before tapping your credit card to pay for it.

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## Join Us for All-You-Can-Eat Lobster

**Annual Weekend Trip: Sat & Sun, October 12-13, 2024**

**Nordic Seafood Restaurant & Foxwoods Resort**

### The Nordic

Bring a big appetite to eat plenty of seafood, delicious side dishes, and desserts. The price for an adult is \$135.00 with a 2-hour maximum dining time to begin at 3:00 pm on Sat, October 12. The address is 178 Nordic Trail, Charlestown, RI. The restaurant's phone number is 845-496-3661.



### Foxwoods Resort "live out loud"

On Sun, October 13, there's resort fun for everyone. If you do not gamble, enjoy spending time at the pool/hot tub, Tanger Outlets, or entertainment centers. Dedicated shoppers can also find stylish fashions. Retailers are listed on the Outlet website: [www.tanger.com/foxwoods/stores](http://www.tanger.com/foxwoods/stores). Plus, the resort has a range of eateries for different appetites.

### Need More Information About Trip

Contact: Deborah (973-374-5351)

## Buy JSSI Designs "Add to Your Snow Sport Style"

- Pin (\$10)** ~ It has a back clip to attach to clothing (i.e. lapel, baseball cap).
- Garment Patch (\$10)** ~ It has an embroidered side with a sew-on edge.
- Ski & Pole Carry Strap (\$20)** ~ It has a strap embossed with the JSSI name.
- Chenille Patch Design (\$50)** ~ It has enough cloth to use as a throw or a décor flag.

Send your item(s) and quantity request to Deborah at this email: [Pharaoh679@yahoo.com](mailto:Pharaoh679@yahoo.com) Payment can be processed using the Club Zelle account: [jerseyski@cupi.org](mailto:jerseyski@cupi.org). Once the money is received, your item(s) will be mailed.

These items are being sold to members at cost to pay for production.



Pin and Patch Designs



### Skies & Poles Carry Strap



### Chenille Patch Design



## Lifetime Member

Closed Pulmonary Office



## Dr. Omar Bey, MD

Practicing medicine for 40 years as a Pulmonary Critical Care Physician with a sub-specialty in Nutrition; Dr. Bey closed his Maplewood, New Jersey, pulmonary office on July 31, 2024. He now serves as Director of Nutrition Support for the Intensive Care Units at Newark Beth Israel Medical Center. He also continues to devote time to OBHealthy.com, a health and wellness website carrying vitamins, supplements, and health information. Plus, he hosts the “*Doctor's Lounge*” a free monthly webinar sponsored by [www.OBHealthy.com](http://www.OBHealthy.com) where African-American Physicians respond to medical questions from internet participants.

## Summer Fun

In June, the tradition continued between the Snow Burners & JSSI. Last year this annual event was cancelled due to torrential rain and tornado warnings. This year, a small gathering of four ski clubs included friends and families who enjoyed freshly fried fish and grill-cooked burgers. There was also a variety of salads and desserts which were either homemade or store-bought. Some rain clouds spritzed on the group a few times, but comfortable weather prevailed at the Rockland Lake mountaintop, as there was a constant breeze all day.

## Family Day Picnic

Rockland Lake Park  
Valley Cottage, NY



## JSSI Members at Golf Outing

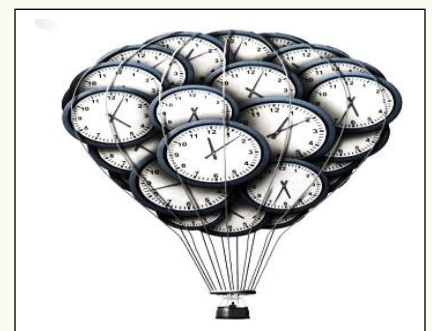


This JSSI foursome of Omar, Marc, Eugene, and Hamlet had a great time playing in the Mid Island Golf Club annual golf outing at Harbor Links, NY. Even though they shot just under par as a team, they still had fun on this beautiful sunny day in August.

*Golfing Funny* “Why might golfers carry an extra pair of pants? Just in case they get a hole in one.”

## Summer Time ~ Things to Do

- ... Ski or snowboard in a short-sleeve shirt.
- ... Replace or repair your old helmet or goggles.
- ... Look for the mate to a lost ski glove or boot sock.
- ... Add a snow sports logo patch to your clothing or gear.
- ... Contact a ski buddy to complain about warm weather.
- ... Get an artistic tattoo to show your love for snow sports.





## NATIONAL BROTHERHOOD OF SNOWSPORTS

2025 NBS Summit ~ Keystone, Colorado  
February 22 – March 1, 2025  
JOIN US . . . Support Our Athletes

NBS continues to bring excellence to the mountain. Our members gain lifetime experiences in a social environment of networking and building relationships at on-mountain and off-mountain activities. See website: [www.nbs.org](http://www.nbs.org)



### The President's Corner *continued*

Of course, there's no receipt and you hope the person entered the correct prices. There's no telling what they entered; prices are so exorbitant. It's similar to the latest Whole Foods setup where items automatically get deducted from a credit card. The cashless checkout process eliminates jobs, removing individuals from the workforce. Don't get me wrong, I am in favor of technology to streamline the process of getting and keeping people on the slopes as quickly as possible. Without the welcoming friendly human voice and face, it has come to a point where the experience is somewhat anti-social.

Millennials are the ones typically performing these duties thereby displaying and re-enforcing their lack of social skills. Unfortunately, my latest experience was on JSSI's Learn-to-Ski Day trip to Mt. Creek, Vernon Valley. One of the members didn't bring their equipment and needed to schedule a time slot to rent. They logged on to register for a 9:00 am appointment and the next available time slot was 11:00 am. Sadly, it was a two hour wait.

Also, there's the delay of waiting in line to purchase a lift ticket or waiting in line to get rentals, plus having to encounter slow people who chitchat as they become acquainted or see one another throughout the course of the day. Instead of exchanging a few words, their conversations are usually long. Mealtimes do give people time to talk, but sometimes finding an empty chair at the table is difficult.

Moreover, saving and adjusting time through the use of technology seems to do little to increase comforts such as eating, relaxing and partaking in socialization, human skills that are becoming a lost art.

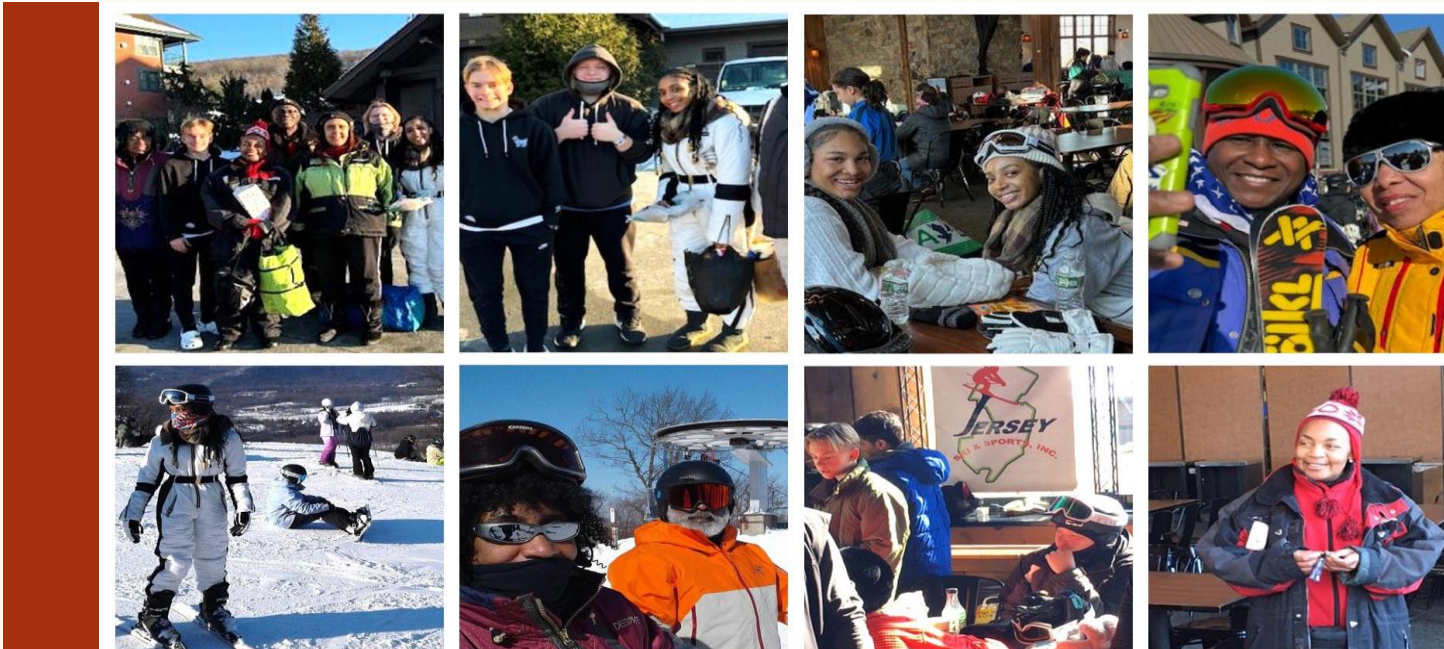
## NEW JERSEY SPECIAL OLYMPICS Support the 2025 NJSO Winter Games

JSSI members are invited to participate as volunteers, athletes, or coaches during the NJSO 2025 Winter Games. Your support helps fulfill the mission of promoting sports for people eight years of age and older with intellectual disabilities. It allows them to participate in snow sports, build physical fitness skills, and develop friendships.



During a two-day event schedule, approximately 230 athletes compete in alpine skiing, cross-country skiing, snowboarding, snowshoeing, and speed skating. The upcoming 2025, NJSO Winter Games will mark the 45<sup>th</sup> year of being hosted by the Mountain Creek, NJ location.

# JSSI Trip Collages – Mountain Creek, NJ & Loon Mountain, NH



## Who Do You Recognize?

Mountain Creek, Vernon NJ  
Feb 18, 2024

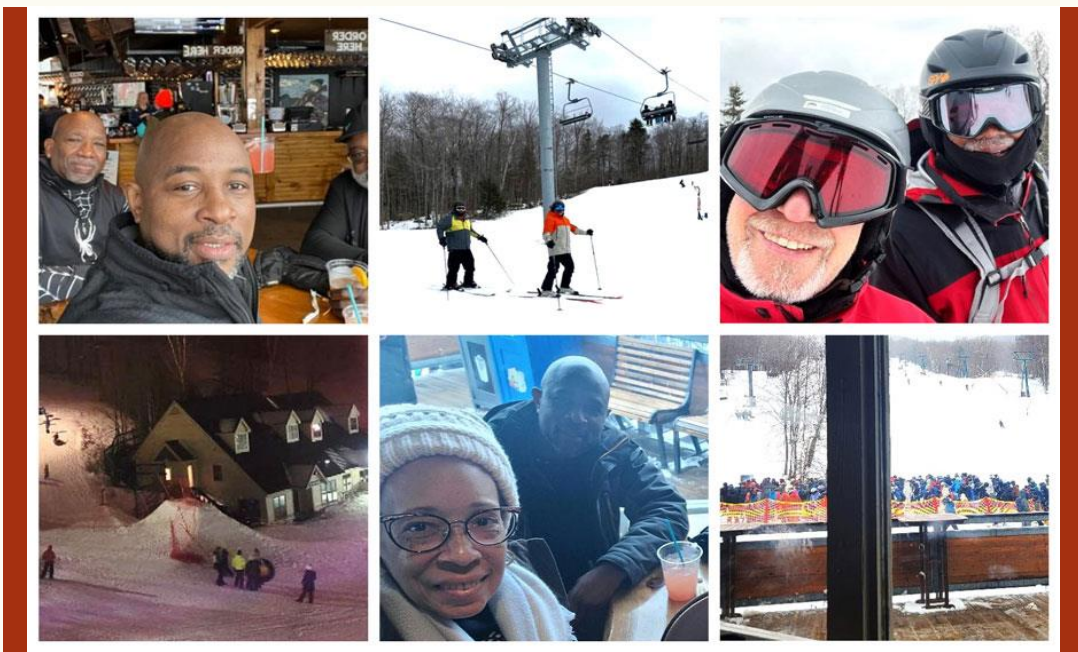
Learn to Ski Trip  
Sponsor-A-Youth

JSSI Learn-to-Ski trip lessons introduce youth to what it feels like to ski. Also, all levels of skiers are welcomed to show a presence among African American skiers and boarders.

**Trip Leader:** Kevin Armstrong

*“I’ve learned that people will forget what you said;  
People will forget what you did,  
but [the youth] will never forget  
how you made them feel.”*

~ Maya Angelou



## Do You See . . . A Familiar Face?

JSSI members had plenty of time for long runs on this MLK Holiday weekend trip.

**Trip Leader:** Hamlet Bey

*“If you can’t fly then run,  
if you can’t run then walk,  
if you can’t walk then  
crawl, but whatever you do  
you have to keep moving  
forward”*

~ Martin Luther King, Jr.

Martin Luther King Jr Weekend Ski Trip, Loon Mountain, NH  
January 12-15, 2024.





### **Tune Up Trip**

Sat., Dec 21, 2024  
Ski Instruction and Education

This one-day “tune-up trip” is offered annually for paid JSSI club members who wish to improve their ski or snowboard skills. The fee includes an all-day lift, and instruction, plus lunch. You can expect our safety member Kevin A. to stay on point with his co-instructor.

### **MLK Wkend - Econo Trip**

Fri. to Mon, Jan 17 – 20, 2025  
Loon Mountain, New Hampshire

### **Sponsor-A-Youth Trip**

Youth Learn-to-Ski Day  
Sat., Feb. 22, 2025  
Blue Mountain, Pennsylvania

### **NEW JSSI MEMBERS Welcome!**

- Howard Cohen
- Malik Giles
- Robert Giles
- David Witherspoon
- Cheryl Good
- Teresa Mobley
- Michelle Pierce

### *Snowsports Funny*

*“When it’s cold, what do ski mountains put on to stay warm?”  
“Snowcaps”*

## **NBS Snowsport Summit Photos**

Big Sky, Montana – Feb 24 / March 2, 2024



The NBS Ski Summit offers a week-long agenda of snow fun for thousands of members and friends who reside nationally and internationally. It helps the NBS Olympic Scholarship Fund increase the introduction and inclusion of youth and adults to winter sports. It is a worthy mission, to identify and develop athletes of color who represent the United States in Olympic and International competitions. **See you in 2025 ... Keystone, CO.**

### **Notes & Updates**

- ~ **NBS Membership** – The Eastern Region has increased from 19 clubs to 21 clubs.
- ~ **West Tampa** has been ratified as a new club.
- ~ **Snow Rover** was reinstated in September of 2023.

### **New Jersey Ski & Snowboard Council**

#### **MEMBERSHIP DISCOUNTS**

Remember, being a paid member of JSSI entitles you to discounts through the NJSSC. Information is posted on the website. Any leads are welcome for potential discounts.

#### **NJSSC GUIDEBOOKS**

Printed and available on the Council’s site: [www.NJSSC.org](http://www.NJSSC.org)